

Move Together

Doreen, Participant

[Text: Doreen, Participant at Eden Hill People's Centre]

Images [Graphic skyline image across bottom of page. Logo with County Durham Together Partnership logo and Better for everyone strapline]

[Video: Doreen sat in Eden Hill Community Centre]

[Doreen: I think I came the second week it started, and I've been coming ever since and it's been really good. Basically, it's helping me with my depression cos its getting me out the house and if my sister can't fetch me up I come up on my mobility scooter so I don't miss out and sometimes I'm the only one here but all the girls join in as well and they make the activity brilliant for us. I come up to do the Bread and Butter, I fetch my grandson up on the activities they do in the holidays and everything. I've actually helped them start a Craft Wednesday card making because that's what my passion is, card making. I was coming up here for a few weeks to get them to show them how to do it and everything. They were just on about wondering what they had to create activities for the community, and they asked me if I knew anything about it because I normally come up for the Wreath Making as well, I forgot about that one. But the cards, I actually donated quite a bit of stuff to them, to help them start. And so, like I say I'm helping out at the Easter one doing birthday cards or Easter cards but Easter will be over so it will be learning the kids a new craft card making.

[Images: County Durham Together Partnership logo]