

Beamish Crees

Dale, Participant

[Text: Dale, Participant at Beamish Cree]

Images [Graphic skyline image across bottom of page. Logo with County Durham Together Partnership logo and Better for everyone strapline]

[Video: Dale sat in chair at Beamish's Clover Cottage]

[Dale: Hello, my name is Dale Richard Martin, I'm at the wellbeing club at Clover Cottage. The reason I got involved was I've been ill for three years or more and I was right down and everything. My partner said to me, she said well, why don't you go to the club. I said what club, she said Beamish, she knew I liked Beamish. You know I got so depressed and fed up, then she said again. That's when I met Michelle and she gave me a lift if you know what I mean. She gave me a lift to come in and go into that cottage and speak about it and I thought this is alright. So eventually I started to come every Tuesday, and I just love it. We do projects and everything like that, we do woodwork and days out and whatever, and that's the reason I want to be here. It's now been three years or more. I said to Michelle a minute ago, two years now actually it must be as I just got my new card for two years' service on the front of the museum. I asked Michelle if I could do any more, what do you mean more she said? I said I'd like to work somewhere in the museum. She said, would you? I said yes, well I can't walk very far as you know, what about the front, I love meeting and greeting people. So eventually I got the job there, I went to see James who is a lovely chap. He's like my boss, he's younger than me, a lot younger than me but he treats me like my dad. Anyway, so I got in and the first day it was ok and now I've got into the mood and the mode of it, I just can't resist, I'm dapper, I'm the one who everybody calls me Dapper Dale and that's true.

[Images: County Durham Together Partnership logo]