

Approach to Wellbeing Self Assessment Form

Name:

Email address:

Date: dd/mm/yyyy

What service or activity does this self-assessment focus on?

Wellbeing Principle 1: Empowering Communities

Working with communities to support their development and empowerment

Applying the Principle

Do you work with communities to support their development and empowerment?

Things to Consider

- What have you done to engage communities?
- How will you / have you worked with communities to support their development and their leadership role?
- How will you / have you work with communities to support their empowerment?
- How will you / can you demonstrate how you have devolved power to communities or supported a shared decision making approach with them?

Response and explanation

Possible next steps



Wellbeing Principle 2: Being Asset Focused

Acknowledging the different needs of communities as well as the potential of their assets

Applying the Principle

Have you acknowledged the differing needs and assets of communities in your day to day work?

Things to Consider

- How will you / have you worked with communities to determine their needs?
- How will you / have you worked with communities to determine their assets?
- As well as buildings and services, what other assets have you considered (for example, have these included assets such as people, skills, social groups, networks, transport links, green space, opportunities for education and employment and activities)?
- How will you / have you compared and responded to the needs of differing communities?
- Has your work considered how assets could be mobilised, or mobilised differently?
- Has your work identified gaps between needs and assets?
- Have you considered testing your activities and proposals against the [Place standard](#)?
- What approach will you/ have you taken to reach out and seek those voices that aren't ordinarily heard?

Response and explanation

Possible next steps



Wellbeing Principle 3: Building Resilience

Helping the most disadvantaged and vulnerable, and helping to build up their future resilience

Applying the Principle

Do you focus your activities to support the most disadvantaged and vulnerable, helping to build their future resilience?

Things to Consider

- How will you / have you identified the most vulnerable or disadvantaged people in the communities that your work relates to?
- Can you demonstrate how your services or initiatives are accessible to everyone, whatever their age, mobility, disability, sex, ethnic group, religious belief or sexuality?
- How could / does your initiative reduce inequalities in health?
- How will / does your initiative target the most vulnerable or disadvantaged people in communities, for example children or older people?

Response and explanation

Possible next steps



Wellbeing Principle 4: Working Better Together

Working together across sectors to reduce duplication and ensure greater impact

Applying the Principle

Are your strategies/ policies, services and initiatives aligned with those of other sectors to ensure waste and duplication are reduced, and ensuring greater impact?

Things to Consider

- Are you aware of similar initiatives or projects working with your community of interest?
- Is your work aligned with similar work, with the aim of reducing duplication and maximising impact?
- How does your work support the delivery of the County Durham Vision, and/or the Joint Health and Wellbeing Strategy?
- Can you demonstrate that any new strategy or policy you develop is aligned with the County Durham Vision, the Joint Health and Wellbeing Strategy or any additional strategy that may have primacy?
- Can you demonstrate that any new strategy or policy you develop supports County Durham's Approach to Wellbeing and its principles of devolution, asset-based community development, engagement and co production.
- Are your strategies and policies developed in consultation with communities or representative groups?

Response and explanation

Possible next steps



Wellbeing Principle 5: Sharing Decision Making

Designing and developing services and initiatives with the people who need them

Applying the Principle

Are your services or initiatives co-designed and co-produced with the people who need them, as well as their carers?

A co-production toolkit, with training, is available to help guide you through the process of co production. Further details can be obtained through publichealth@durham.gov.uk

Things to Consider

- How will you / do you ensure that people are able to contribute to decisions and developments that affect them?
- How will you / do you ensure that everyone is able to contribute, whatever their age, sex, ethnic group, religious belief, sexuality or disability?
- Can you demonstrate how people will be / have been involved in co designing and/or co-producing any new services, assets or initiatives you develop and provide?
- Can you demonstrate how people will be/ have been involved in the evaluation or development of current services, assets or activities you develop and provide?
- Are your strategies and policies developed in consultation with communities or representative groups?

Response and explanation

Possible next steps



Wellbeing Principle 6: Doing With

Making sure our interventions are empowering and centred around you as an individual

Applying the Principle

Are your services or interventions person-centred and do they empower rather than stigmatise?

Things to Consider

Can you demonstrate that your services or interventions:

- are person-centred
- empowering
- foster independence

Response and explanation

Possible next steps



Wellbeing Principle 7: Using what works

Using evidence supported by local conversations

Applying the Principle

Are your activities evidence based and informed by conversations with local communities?

Things to Consider

- Are you clear about the community of people you are working with (ie communities of interest such as LGBTQ, over 60s; schools or other settings; locations such as towns, villages, neighbourhoods)?
- Have you identified what the key issues are facing that community (ie information such as the Durham Insight, the JSNA or local surveys)?
- Have you identified a set of activities that you would like to use or introduce to that community?
- Are your activities and interventions based on evidence of what works and/or known best practice?
- Have these activities been discussed with, and shaped by the community you are working with?
- Are you clear about the goals or outcomes you are hoping to achieve in your work with those communities?
- Does anything need to happen to help you in applying the evidence?

Response and explanation

Possible next steps



Your Commitments for Change

Based on the above responses, what are the main issues and priorities for change?

What actions or next steps could be taken to deal with these issues and priorities? Who could take these forward and when?

Action

Click on the submit button to share your self-assessment framework with the Approach to Wellbeing team. This will help us to monitor impact and we may contact you about developing a case study.

If you have any difficulty saving and submitting the form, you might need to download [Adobe Acrobat Reader](#) or alternatively email approachtowellbeing@durham.gov.uk

